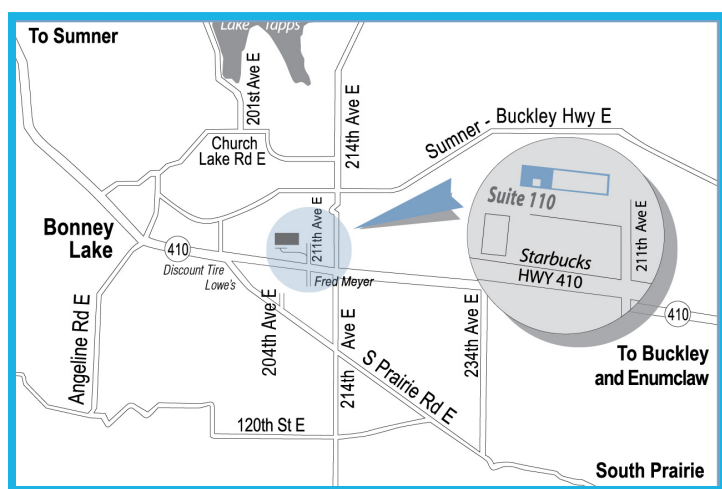


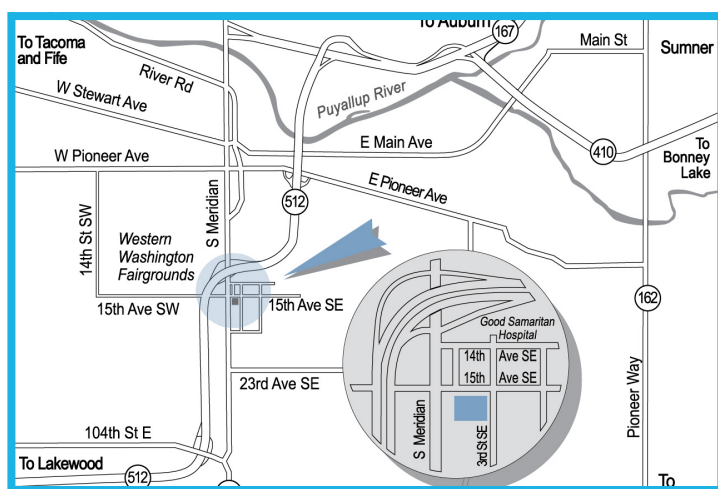
□ BONNEY LAKE IMAGING CENTER

21110 SR 410 E Suite 110
Bonney Lake WA 98391



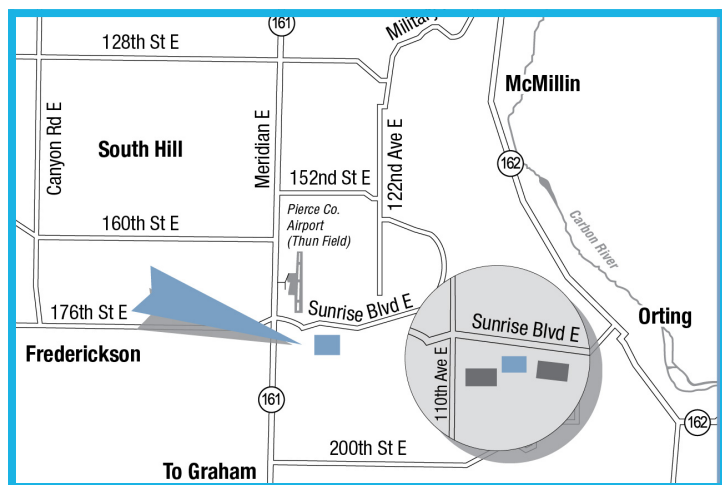
□ PUYALLUP IMAGING CENTER

222 15th Avenue SE
Puyallup WA 98372



□ SUNRISE IMAGING CENTER

11212 Sunrise Blvd E Suite 200
Puyallup WA 98374



**All exams must be scheduled.
Visit dinw.com/locations for clinic hours.*

Scheduling: 253-841-4353

Fax: 253-446-3973

dinw.com

EXAM PREPARATIONS

BONE DENSITOMETRY (DEXA)

No calcium or calcium supplements taken 24 hours prior to the exam. No metal zippers or buttons on clothing. Bring a list of all medications and supplements to the exam.

CT

Creatinine level may be required on contrast exams.

Abdomen/Pelvis

Pick up two bottles of oral contrast from any of our imaging centers. Your provider may have them to give to you. Follow directions on the bottles. No solid foods after ingestion of first bottle of contrast. Clear liquids up to 2 hours before the procedure. The exam may require an injection of contrast material in addition to the oral contrast.

Without Contrast

No preparation required. Wear comfortable clothing.

With Contrast

No solid foods 4 hours prior to the exam. Clear liquids only 2 hours prior to the exam.

Fluoroscopy

Contact 253-761-4200 for exam-specific preparation instructions.

MAMMOGRAPHY

No powders, deodorants, or perfumes.

MRI

Abdominal/Pelvis

NOP 4 hours

Creatinine level may be required on contrast exams.

All Studies

No metal items may be worn during the procedure, including: Pacemakers, watches, wallets, keys, piercing(s), bras, etc. You may be required a scout film of the eyes. You will be asked to wear a patient gown.

All other studies

No preparation required.

ULTRASOUND

Abdomen

Eat a fat-free meal before your exam. Nothing to eat or drink 6 hours prior to appointment time. Visit website for fat-free guidelines.

Pelvis

Finish drinking 32 oz. of water (no other fluids) 1 hour prior to the exam and hold your bladder. There are no food restrictions for this exam.

Obstetrical

- **Trimester 1:** drink 32 oz. of water only (no other fluids) 1 hour prior to scheduled exam and hold your bladder.
- **Trimester 2:** drink 8 oz. of water only (no other fluids) 30 minutes prior to exam and hold your bladder.
- **Trimester 3:** No preparation.

Renal

Drink 16 oz. of water only (no other fluids). Time drinking so that you are finished 45 minutes prior to your appointment and hold your bladder.

ALL OTHER EXAMS AND STUDIES

Contact 253-761-4200 for exam-specific preparation instructions.